

Mirabai Chanu extends gratitude to truck drivers who gave her lift during her training days: Weightlifter Mirabai Chanu won India's first medal at the ongoing Tokyo Olympics. However, her journey to the podium receiving the silver medal wasn't an easy one. Now, keeping her promise, she felicitated those who helped her-the truck drivers (Around 150 truckers) The young athlete from Manipur had to take numerous lifts



from truck drivers for her daily commute from her home in a tiny village to her training academy in Imphal, some 30 km away. So, to express her gratitude she hosted an event for them and honoured them for their contribution in her achievement. The thoughtful gesture by the Olympians earned plaudits online, with many commending her for 'not forgetting' those who helped her reach the top. Chanu's humility is winning hearts on the internet.

Quick News

On July 31, one side of the Kuthiran Tunnel in Kerala was opened for traffic. It is the first road tunnel in the state of Kerala. Located at



Kuthiran, district Thrissur, the twin-tube tunnel has three lanes in each tube. Kuthiran is a mountainous terrain in Thrissur district of Kerala state, south India. It is located on the banks of Manali river, which has its source in the nearby mountains. It is in between Thrissur and



Palakkad. There is a famous Ayyappan Temple located here by the side of the highway. It is in the

NH544 highway. both the tunnels reduced the distance between Kochi to Coimbatore by 3 kilometres (1.86 mi) and travel time considerably since the tunnel through the Kuthiran avoids hitherto existed vehicular congestions in traversing through the hills.

Ganga Expressway will see cars run at 120 kmph: 5 key features: by Srinivas G, NRSO

1) The Expressway will be 594 kms long. The construction will begin in September this year, 2) The top speed has been set at 120 kmph which is the highest permissible speed in India. 3) The expressway will pass through 12 districts in UP, including Meerut, Hapur, Bulandshahr, Amroha, Sambhal, Badaun, Shahjahanpur, Hardoi, Unnao, Rae Bareli, Pratapgarh and Prayagraj. 4) It will have six lanes according to the proposed plans. However, if required, it can be extended to up to eight lanes. 5) It is expected to reduce travel time between Delhi and Prayagraj from 10-11 hours to just 6-7 hours.

Activist in wheelchair gets city disabled - friendly road:

Part of a key Vile Parle road has been transformed after an activist with cerebral palsy doggedly pursued BMC to make it universally accessible. A 400-metre stretch of Nehru Road now has a wider footpath with tactile



indicators for the visually challenged and kerb ramps for wheelchair users. Encouraged by the transformation, Jasmina Khanna is now pushing for accessibility for other streets and public amenities in the city. "Guidelines for accessibility were laid down by the central government a few years ago but implementation was lacking," said Khanna, a software tester, who during her trips overseas had noticed how infrastructure was planned keeping the differently abled in mind. (Courtesy: TOI)

India Builds World's Highest Road in Ladakh, Beats Bolivia's Record: "The road at Umlingla Pass constructed

at an altitude of 19,300 feet better previous record of a road in Bolivia at 18,953 feet, "The Border Roads Organisation has constructed the world's



highest road in eastern Ladakh. Its altitude higher than the Mount Everest base camps - the south base camp in Nepal is at an altitude of 17,598 feet, while the north base camp in Tibet is at 16,900 feet. To put this in another perspective, most large commercial aircraft fly at 30,000 feet and above, so this road is at an altitude that's more than half of that. Umlingla Pass is now connected with a black top road to enhance socio-economic condition and promote tourism in Ladakh," the government said.



New Zealand Olympic Cyclist Olivia Podmore passed away at the age of 24! Hours before her death she shared an Instagram post about the pressure of competing, the feeling of losing, Not getting selected.

Case Study – Helmet Saves



Background: A car taking a U-turn on a two-lane road 2Wheeler rider was in a speed hit. The 2Wheeler resulted in disbalancing and rolled over the car bonnet and head landed on ground, due to the helmet saving her life. Problem: Car J manoeuvring U-turn Auto visible, may be not looking at mirrors and shoulder level. As 2-Wheeler approached at a speed from behind auto, could not anticipate the car movement in advance. Due to impact, the rider was thrown out from the vehicle. Key Learnings: Before manoeuvring Look to mirrors and Shoulder level, indicate then move, Use M-S-M method. Here 2Wheelers

slowdown look for a wider picture, study the road environment, slowdown near residential areas or near property close to road edges. Expect the unexpected. Of course, in case any untoward incident happens Helmet saves you. Always wear a standard helmet BSI-4151 (for India), Ensure it



fits you, check the size, select a bright coloured helmet, avoid black colour or paste radium stickers. And the most important part is to lock the chin strap should not be too tight or too loose.

Good Driving Practice: Overtaking

Overtaking or passing is the act of one vehicle going past another slower moving vehicle, travelling in the same direction on a road. The lane used for overtaking another vehicle is almost always a lane further from the road

shoulder - that is, to the left in places that drive on the right, and to the right in places that drive on the left.

How to overtake safely?

1)Make sure the road ahead is clear so you have enough distance to allow you to overtake and get back to your own side of the road without forcing any other road user to move to avoid you. 2) Never directly follow another overtaking vehicle. 3) Give way to faster traffic already overtaking from behind. 4) Before overtaking check that the way is clear, check in your mirror and blind spots to ensure another vehicle is not approaching from behind. Give your signal in good time, move out when it is safe to do so, accelerate and overtake with the minimum of delay. 5) When you are well past, check the mirror, signal and gradually move in again making sure not to cut across the vehicle you have passed. 6) You must not break the speed limit, even when overtaking.

You must not overtake when... 1)You are at or near pedestrian crossing 2) A traffic sign or road marking prohibits it. 3) You are approaching a junction. 4) You are on the approach to a corner, bend, bridge or on a narrow road. 5) You are in the left-hand lane of a dual carriageway or motorway when traffic is moving at normal speed.

Awards: Mr.Jayesh V Shah awarded by Govt. of Gujarat for his efforts on Road Safety education & awareness and saving lives on the road, First Rank winner of Gujarat State Road Safety Award 2020-21 Awarded with Rs. 1.25 Lakh cheque by Honourable Gujarat Transport Minister Shree R C Faldu & Shree Ishwarsinh Patel on 10/08/2021 at Gandhinagar.



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THE WORLD HISTORY



One of Sikh Police Officers in Kenya during 1950s. Imagine at that time he was advocating Road Safety through banners.



World's First Electric Traffic Signal: Do you know when and where the world's first traffic light was installed? Cleveland in the North American state of Ohio was the first city to have got the world's first electric traffic signal on August 5, 1914. The pair of green and red lights at crossroads of major streets, which came to be known as traffic signal and made traffic control a lot easier across the world. simple scientific Α experiment to automate traffic control became a technological breakthrough in the history of innovation.



The world's longest traffic jam took place in Beijing, China. It was 60 miles long, and lasted 12 days...!

Our Services: India & Abroad **Think Road Safety?**

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